Yes. Based on the format and style of your existing county guides, I can create a **Berks County Injured Worker Resources** guide that matches the others. Below is a draft.

Berks County Injured Worker Resources

Pennsylvania Workers' Compensation Resource Guide

FAST HELP

PA 211
Dial **211** or visit **www.pa211.org**
A free service connecting you with food, housing, transportation, utility assistance, and other local resources.

COMPASS
Apply for Medical Assistance, SNAP, cash assistance, and other state benefits:
www.compass.state.pa.us

Berks County Assistance & Benefits

Berks County Assistance Office
625 Cherry Street
Reading, PA 19602
Phone: (610) 736-4211

Services include:

- Medical Assistance
- SNAP (Food Stamps)
- Cash Assistance
- Emergency Assistance
- Long-Term Care Assistance

Food Assistance Resources

Helping Harvest Fresh Food Bank

Provides food through a large network of food pantries throughout Berks County.

www.helpingharvest.org

New Journey Community Outreach

Reading, PA

Food pantry and emergency food assistance.

Berks Community Action Program (BCAP)

Emergency food referrals and family assistance.

Healthcare & Medical Resources

Reading Hospital (Tower Health)

420 South Fifth Avenue
West Reading, PA

Major regional hospital providing emergency and specialty medical care.

Berks Community Health Center

Multiple locations throughout Reading

Primary medical care regardless of ability to pay.

www.berkschc.net

Pennie Health Insurance Marketplace

www.pennie.com

Transportation Resources

BARTA (Berks Area Regional Transportation Authority)

Public bus transportation throughout Berks County.

www.bartabus.com

Medical Assistance Transportation Program (MATP)

Provides transportation for Medical Assistance recipients traveling to medical appointments.

Call the Berks County MATP office for eligibility and scheduling.

Housing & Utility Assistance

Berks Community Action Program (BCAP)

Emergency rent assistance, utility assistance, budgeting, and housing stabilization.

www.bcap.org

LIHEAP

Seasonal assistance with heating bills.

Apply through COMPASS or the Berks County Assistance Office.

Legal & Advocacy Resources

MidPenn Legal Services

Reading Office

Free civil legal assistance for eligible low-income residents.

www.midpenn.org

Disability Rights Pennsylvania

Advocacy and legal assistance for Pennsylvanians with disabilities.

www.disabilityrightspa.org

Behavioral Health & Crisis Support

Berks County Crisis Intervention Services

24-hour mental health crisis intervention.

Safe Berks

Domestic violence and sexual assault services.

www.safeberks.org

988 Suicide & Crisis Lifeline

Dial **988**

Available 24 hours a day.

WATCH OUT

One of the biggest mistakes injured workers make is allowing treatment to stop.

Insurance companies often argue that treatment gaps mean:

- You recovered.
- You are no longer disabled.
- Your ongoing complaints are unrelated to your work injury.

Continue treating whenever medically appropriate and follow your doctor's recommendations.

Important Document Checklist

Keep copies of:

- Injury reports
- Medical records
- Work restrictions

- Prescriptions
- Mileage logs
- Correspondence from the insurance company
- Wage records
- Receipts for out-of-pocket expenses

You Do Not Have To Navigate This Alone

Workers' compensation can be confusing and frustrating.

Understanding your rights, obtaining appropriate medical treatment, and documenting your claim can make an enormous difference in protecting your benefits.

If you have questions about your Pennsylvania workers' compensation claim, seek qualified legal advice as early as possible.